Université Paris-Saclay

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L3 Education and Motor Skills Second degree

Licence (Undergraduate programme)

Specialisation STAPS-Education et Motricité

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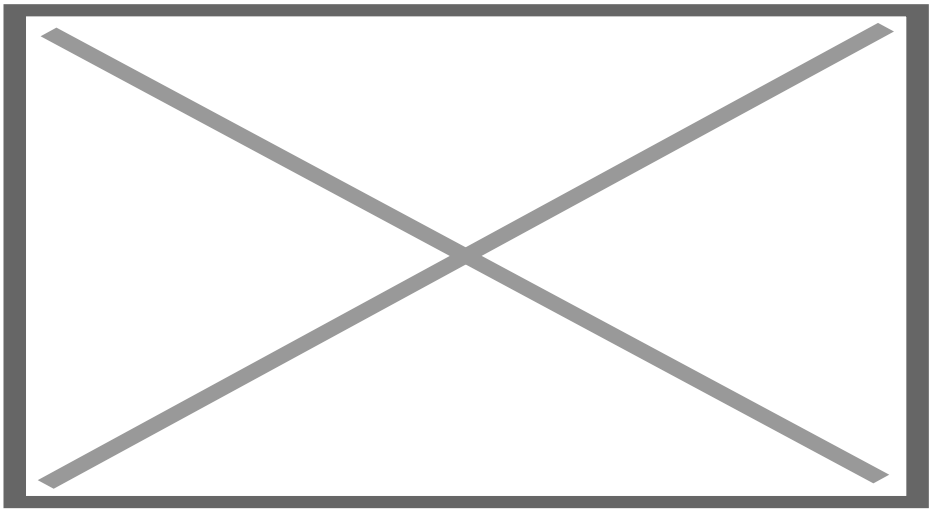

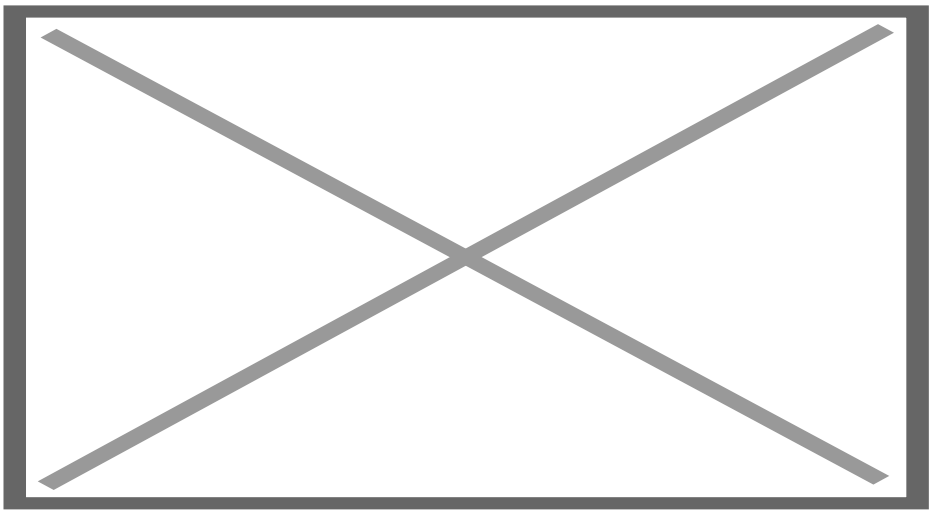

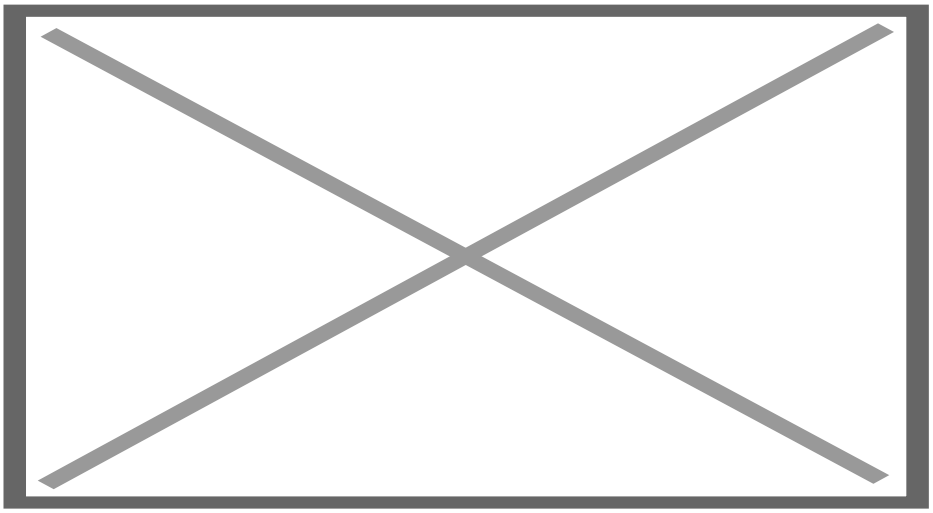

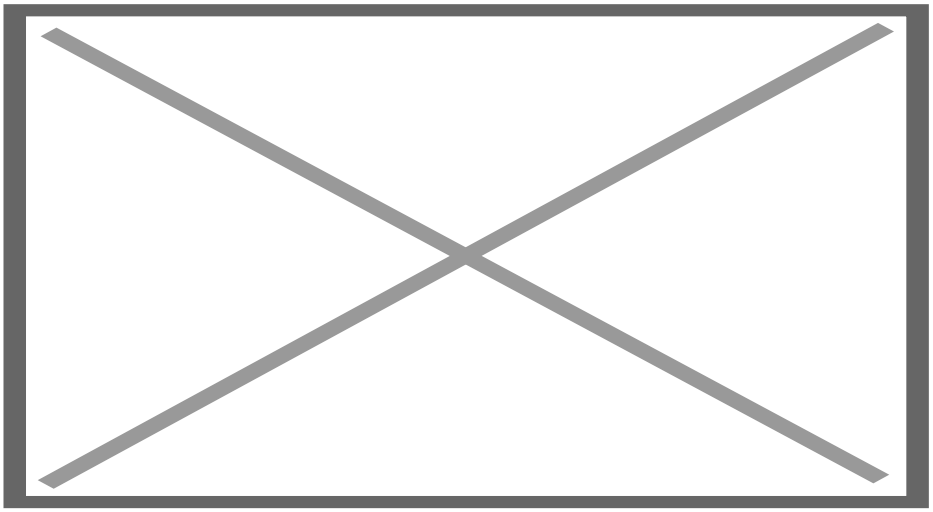

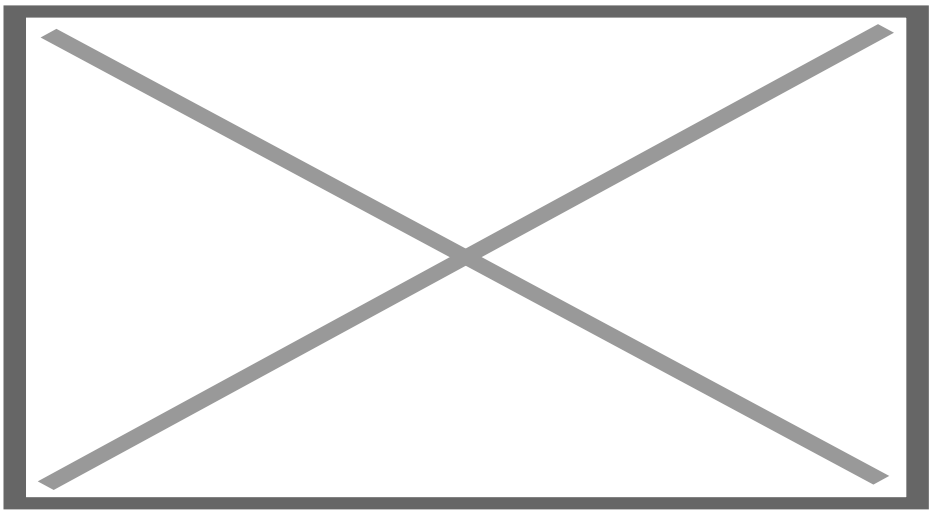

Information

- Overview
- Application requirements
- Schedule

Présentation

Skills

The Sports Science undergraduate degrees are linked to RNCP (National Directory of Professional Certification) files drawn up and harmonised at national level by the Conference of Deans and Directors (C3D) Sports Science. In accordance with the C3D framework, eight blocks of competencies common to all Sports Science majors have been identified: • Block 1: Digital and numerical uses • Block 2: Data processing for analysis purposes • Block 3: Written and oral expression and communication in several languages • Block 4: Positioning within a professional field • Block 5: Responsible action within a structured professional organisation • Block 6: Analysis of a situation relating to the physical and/or sporting activity of a group of subjects and an organisation • Block 7: Development and planning projects and programmes aimed at transforming a situation related to physical activity and/or sports. • Block 8: Supervision of group sessions of physical activities and/or sports for the general public in a face-to-face class In addition, the track Sports Science * EM covers two specific blocks: • Block 9: Teaching P.E. in the school system. • Block 10: Project

management and teaching of a variety of Physical, Sports and Artistic Activities (APSA) in socio-educational organisations

Objectives

The aim of the programme in the Sports Science undergraduate degree tracks is to build scientific, technical, technological and (pre-)professional knowledge and competencies in the fields of physical, sports and artistic activities (APSA in French), motor learning, human movement and body cultures in society. More specifically, the Sports Science-EM track aims to build the competencies needed to teach Physical, Sports and Artistic Activities in educational and school environments by: • Introducing students to a first multidisciplinary approach to sports motor competencies, sports culture, and the educational and learning issues that emerge from the teaching of Physical, Sports and Artistic Practices (PPSA) and PES; • Providing students with a solid curriculum whose content is directly in line with contemporary transformations in sport and developments in scientific, technical and practical knowledge in the field of PPSA. This Undergraduate degree highlights the scientific approaches and strategies, technological problems and educational issues in their modern aspects and in their socio-historical context, which underpin all teaching of PPSA. • Strengthening knowledge in the field of PPSA, and providing tools and methods related to the quality of written and oral communication, academic work, scientific and technological requirements

Admission

Capacity

Available Places

90

Période(s) de candidature

E-candidat Platform

From 13/05/2026 to 16/06/2026

Programme

Comprendre, analyser et développer la motricité humaine pour enseigner l'EPS

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class
Intervention en milieu scolaire: : Approche pluri scientifiques, technologique & Méthodologie de l'écrit- P3	5	Semestre 1	15	30				

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class

Intervention en milieu scolaire: : Approche pluri scientifiques, technologique & Méthodologie de l'écrit- P3

ECTS : 5
Semester: Semestre 1
Detail
Lecture: 15
Directed study: 30
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Analyse et conception de situation d'enseignement-P3	5	Semestre 1	18	32

Analyse et conception de situation d'enseignement-P3

ECTS : 5
Semester: Semestre 1
Detail
Lecture: 18
Directed study: 32
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Analyse et conception de situation d'enseignement-P4	5	Semestre 2	18	32

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class

Analyse et conception de situation d'enseignement- P4

ECTS : 5
Semester: Semestre 2
Detail
Lecture: 18
Directed study: 32
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Intervention en milieu scolaire: : Approche pluri scientifiques, technologique & Méthodologie de l'écrit- P4	5	Semestre 2	15	30

Intervention en milieu scolaire: : Approche pluri scientifiques, technologique & Méthodologie de l'écrit- P4

ECTS : 5
Semester: Semestre 2
Detail
Lecture: 15
Directed study: 30
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Développer une Culture sportive et artistique dans ses différentes dimensions : pratiquant et intervenant

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	dis lea c
Spécialité sportive-P5	5	Semestre 1		44					

Spécialité sportive-P5

ECTS : 5
Semester: Semestre 1
Detail
Directed study: 44
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Polyvalences Sportives-P5	2	Semestre 1		30					

Polyvalences Sportives- P5

ECTS : 2
Semester: Semestre 1
Detail
Directed study: 30
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Spécialité sportive-P6	5	Semestre 2		44					

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	dis lea c

Spécialité sportive-P6

ECTS : 5
Semester: Semestre 2
Detail
Directed study: 44
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Polyvalence sportive - P6	2	Semestre 2	30

Polyvalence sportive - P6

ECTS : 2
Semester: Semestre 2
Detail
Directed study: 30
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Des outils et méthode pour apprendre et enseigner

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	di le c
Conception et pratique d'intervention : Institutions, Outils et Méthodes (1)	4	Semestre 1	30						

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class	di le c

Conception et pratique d'intervention : Institutions, Outils et Méthodes (1)

ECTS : 4
Semester: Semestre 1
Detail
Directed study: 30
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Conception et pratique d'intervention : Institutions, Outils et Méthodes (2)	6	Semestre 2	25

Conception et pratique d'intervention : Institutions, Outils et Méthodes (2)

ECTS : 6
Semester: Semestre 2
Detail
Directed study: 25
Project : 50
Independant learning: 3
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Analyser l'EPS dans son contexte historique, social et institutionnel.

Subjects	ECTS	Semester	Lecture	directed study	practical class	Lecture/directed study	Lecture/practical class	directed study/practical class

Fondements sociohistoriques de l'EP dans le système éducatif & méthodologie- P2	5	Semestre 1	15	30

Fondements sociohistoriques de l'EP dans le système éducatif & méthodologie- P2

ECTS : 5
Semester: Semestre 1
Detail
Lecture: 15
Directed study: 30
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Cadre institutionnel, valeurs et éthique de l'enseignement- P2	3	Semestre 1	8	21

Cadre institutionnel, valeurs et éthique de l'enseignement-P2

ECTS : 3
Semester: Semestre 1
Detail
Lecture: 8
Directed study: 21
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Fondements sociohistoriques de l'EP dans le système éducatif & méthodologie de l'écrit-P3	5	Semestre 2	15	30

Fondements sociohistoriques de l'EP dans le système éducatif & méthodologie de l'écrit-P3

ECTS : 5
Semester: Semestre 2
Detail
Lecture: 15
Directed study: 30
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Cadre institutionnel, valeurs et éthique de l'enseignement - P3	3	Semestre 2	20

Cadre institutionnel, valeurs et éthique de l'enseignement - P3

ECTS : 3
Semester: Semestre 2
Detail
Directed study: 20
Language(s) of instruction
Français
Remote teaching
non
Type of assessment
Détail renseigné au niveau Élément Constitutif

Contact

-

Licence 3

Gestionnaire pédagogique

http://institut-pascal.universite-paris-saclay.fr/formation/licence/staps-education-et-motricite/l3-education-et-motricite-second-degre